



Summer Health Professions Education Program (SHPEP)

Joselle Garcia
July 26, 2023

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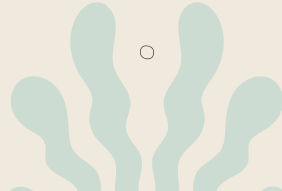
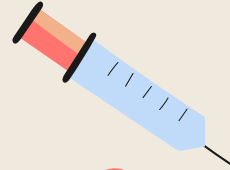
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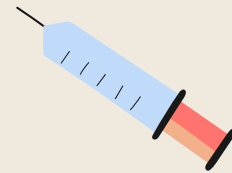
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BACKGROUND





BACKGROUND



- Summer program that allows students to explore interests in different medical fields
- 12 partner institutions; I attended the UTHealth Science Center at Houston
- Offered medical, dental, and nursing

SUMMER HEALTH PROFESSIONS EDUCATION PROGRAM

Shaping Careers. Changing Lives.



ELIGIBILITY & REQUIREMENTS

- Application through AAMC (Association of American Medical Colleges Portal); personal statement, and 1 letter of recommendation
- Freshman or sophomore in college
- GPA: 2.5 or above
- Racially/ethnically underrepresented





SCHEDULE

- Dining & Housing at Rice University
- Breakfast at 7:00 am
- Metro to either the medical, dental, or nursing school at 7:45 am
- Classes/lectures start at 8:00 am
- Lunch at 12:00 pm
- Shuttle back to Rice University at 4:00 pm

Week 3: June 19 – June 23, 2022 In Person

Date and Location	Time	Session(s)	Presenter(s)
Sunday, June 18			
Rice University: Wiess Commons	• 3:00 - 5:00 pm	Scholar Check-in
Wiess Commons: South Servery Dining Hall	• 5:00 - 6:00 pm	Break	SHPEP Team
.....	• 6:00 - 7:30 pm	WELCOME DINNER
.....	• 7:30 pm	Departure	SHPEP Team
Monday, June 19			
Juneteenth Holiday	• 10:00am – 1:00 pm	Orientation, Meet and Greet, and Welcome We will have a lunch for everyone, fun activities, and some preparation for the start of in person programming	SHPEP Team
Tuesday, June 20			
Rice Cafeteria	• 7:00 - 8:00 am	STUDENT BREAKFAST AT RICE CAFETERIA
MMS B.500	• 8:00 – 9:00am	Psychology and Psychiatry are the same, right?	Dr. Ashtari
MMS B.500	• 9:00 - 10:00 am	LGBTQ+ Culturally Inclusive Care	Dr. Flores
MMS B.500	• 10:00 – 11:00am	Art and Medicine: Using Visual Art to Foster Observation Skills	Dr. Koshy
MMS B.500	• 11:00 am - 12:00 pm	TBD	Dr. Leech
NUTRITION TIME	• 12:00 - 1:00 pm	STUDENT LUNCH
MMS B.500	• 1:00 - 3:00 pm	Financial Literacy and Planning Workshop	Mr. Arceneaux
MMS B.500	• 3:00 - 4:00 pm	Health Policy: Team Skills for Patient Safety	Dr. Swails
.....	Departure: No Shuttle Needed
Wednesday, June 21			
Rice Cafeteria	• 7:00 - 8:00 am	STUDENT BREAKFAST AT RICE CAFETERIA
MMS B.500	• 8:00 - 10:00am	Financial Literacy and Planning Workshop	Mr. Arceneaux
MMS B.500	• 10:00 - 12:00pm	BNGap	SHPEP Faculty and Tutors
NUTRITION TIME	• 12:30 - 1:30 pm	STUDENT LUNCH
MMS B.500	• 1:00 - 4:00pm	BNGap	SHPEP Faculty and Tutors
.....	Departure: No Shuttle Needed
Thursday, June 22			
Rice Cafeteria	• 7:00 - 8:00 am	STUDENT BREAKFAST AT RICE CAFETERIA
CSOIN 120	• 8:00 - 10:00am	SHUTTLE TO CSOIN
CSOIN 120	• 10:00 - 12:00pm	Core Curriculum: Statistics	Dr. Anderson
NUTRITION TIME	• 12:00 - 1:00 pm	IPE: Introduction to Advanced Practice Nurses	Nursing Faculty Panel
CSOIN Simulation Lab	• 1:00 - 4:00 pm	STUDENT LUNCH
.....	Clinical Experiences: Infection Control in Health Professions	Dr. Yu and Nursing Faculty
.....	Clinical Experiences: Basic Suturing
.....	Clinical Experiences: Vital Signs
.....	Clinical Experiences: Basic Phlebotomy
.....	Departure: Shuttle Departure to MMS
Friday, June 23			
Rice Cafeteria	• 7:00 - 8:00 am	STUDENT BREAKFAST AT RICE CAFETERIA
MMS 1.006	• 8:00am – 9:00am	Academic Enrichment: Survivor Stories	Ms. Karonika and panel
MMS 1.006	• 9:00 - 10:00am	Holistic Nursing Care	Dr. Lewandowski
MMS 1.006	• 10:00 am - 12:00 pm	Core Curriculum: Organic Chemistry	Dr. Sabey
NUTRITION TIME	• 12:00 - 1:00 pm	STUDENT LUNCH
MMS 1.006	• 1:00 - 2:00 pm	Careers in Neonatology	Dr. Major-Kincade
MMS 1.006	• 2:00 - 3:00 pm	Health Care Case #2	SHPEP Faculty and Tutors
MMS 1.006	• 3:00 - 4:00pm	Let's talk about medicine with student panel	McGovern Medical Students
.....	Departure: No Shuttle Needed

Saturday June 24th is the 2023 LGBTQ Pride Parade. More details soon
go.uth.edu/UTHealthHoustonPride



Metro



Dorms



Dining Hall



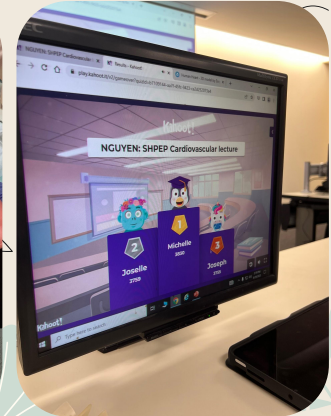
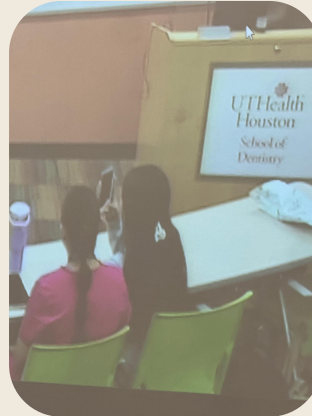
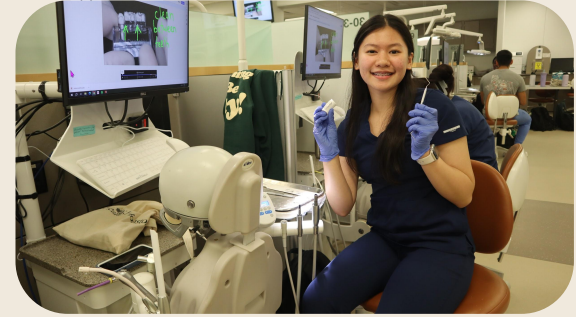
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ACTIVITIES & RESPONSIBILITIES



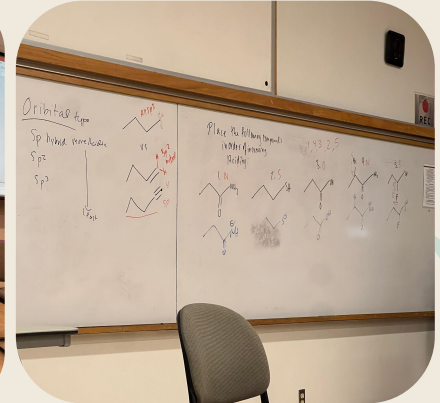
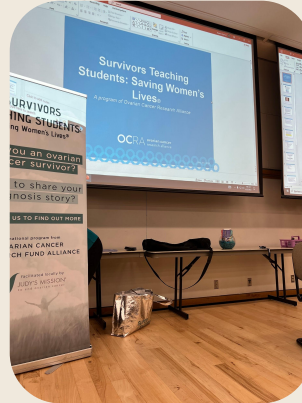
ACTIVITIES

- Attend lectures
- Three classes: organic chemistry, human anatomy and physiology, and statistics
 - Homework for organic chemistry and statistics
 - Pre and post tests
- Shadowing on last week
 - Internal medicine



RESPONSIBILITIES

- Wake up early and be on time
- Ask questions during lectures
- Fill out surveys
- Wear scrubs/business casual clothes
- Submit assignments on time



04

REFLECTION



REFLECTION

- Was able to meet people from different backgrounds
- Met friends that have the same goals and mindset as me
- Was able to find a mentor, Dr. Spears



REFLECTION

- Became more confident in my ability to earn a spot in whatever graduate school I want to pursue
- Gained more medical exposure and skills
- Learned to balance life and school!



**THANK
YOU!**



The Robert Wood Johnson Foundation

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 **UTHealth Houston**